

# HOST A COOKING MATTERS CLASS!

Cooking Matters empowers families at risk of hunger with the skills, knowledge and confidence to make healthy and affordable meals.



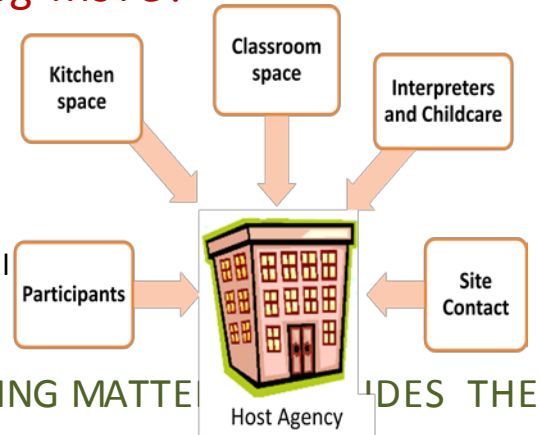
The Weld County Department of Public Health and Environment is partnering with Cooking Matters Colorado to expand classes to Weld County.



## Interested in Learning More?

### HOST AGENCY RESPONSIBILITIES...

- Provide adequate class space
- Must serve low-income clients
- Recruit class participants
- Have committed staff person to be site contact
- Assist with childcare & interpretation (if appl)



### ..AND COOKING MATTERS PROVIDES THE REST

- Provide food and cooking equipment for all classes
- Recruit and train class volunteers (Nutrition educator, culinary instructor, and class assistant)
- Provide class materials & weekly incentives
- Administer paperwork & evaluations
- Clean up after each class!



For more information, please contact:  
***Olga Maria Gonzalez***  
 Cooking Matters Program Coordinator  
[ogonzalez@weldgov.com](mailto:ogonzalez@weldgov.com)  
 (970) 304-6470 ext. 2382