**Weld County**

**2016 Community Health Survey**

# Alcohol Use

## Key Findings

- Alcohol is Colorado’s most frequently abused substance, and is associated with health risks including injury, violence, liver disease, and cancer.

- Countywide, 48.9% of residents indicated they were current alcohol users. Statewide, 61% had at least one alcoholic drink in the past 30 days.

- Alcohol use was reported more often among residents who were younger or had more education (see chart to right).

- Alcohol abuse in the community was a concern for 71% of residents.

![Current Alcohol Use by Age and Education Level](chart)

**Current Alcohol Use by Age and Education Level**

- An episode of binge drinking is defined as five or more drinks on one occasion for men, and four or more drinks on one occasion for women.

- Among all residents (users and non-users), 31% reported at least one episode of binge drinking in the previous month. This is much higher than the statewide binge drinking rate of 18%.

- Countywide, 3% of residents reported alcohol or drug dependence as a health condition.

- In the past 12 months, 5% of Weld County residents needed treatment for alcohol or drug abuse.

## Alcohol Use & Binge Drinking

- **Number of Binge Drinking Episodes**
  - No: 48.4%
  - Yes: 51.6%
  - 3 or More Times, 27.0%
  - 1-2 Times, 24.9%
  - None, 47.6%

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**Questions?**

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Weld County
2016 Community Health Survey

About the Survey

Description of Responders

Age Groups

- 18-24: 9%
- 25-34: 25%
- 35-44: 17%
- 45-54: 20%
- 55-64: 11%
- 65-74: 11%
- 75+: 9%

Race/Ethnicity

- 71% - White, not Hispanic
- 25% - Hispanic/Latino
- 1% - Other/Multiple
- 1% - Amer. Indian/Alaska Native
- 1% - Asian
- <1% Black

Household Income

- < $10,000: 13%
- $10,000-$24,000: 9%
- $24,001-$48,000: 18%
- $48,001-$80,000: 19%
- $80,000+: 42%

The Survey Explained

- In order to periodically assess the health status of county residents, between September 6, 2016 and November 17, 2016, Weld County Department of Public Health & Environment contacted 8,494 households by mail requesting an adult to complete the 55-item survey or complete it online.

- Question topics included health, health care access and insurance, health conditions and lifestyle habits, preventive screenings, environmental issues, community concerns and needs, and demographics.

- Households were selected randomly by first dividing the mailing list into four regions (see map below) and two household types (single-family vs. multi-family). The list was certified by the post office but did not contain residents’ names.

- After multiple contacts, 2,080 community residents returned usable surveys for a 25 percent response rate. The results are representative of the population within a ±5.0 percent margin of error.

- To see the actual survey go to: [www.weldhealth.org](http://www.weldhealth.org)