



## OFFICE OF THE BOARD OF COMMISSIONERS

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## NEWS RELEASE

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### **WELD COUNTY SENIOR NUTRITION PROGRAM OFFERS SENIOR LUNCHES AT CARBON VALLEY RECREATION CENTER**

WELD COUNTY, CO – The Weld County Board of Commissioners signed a memorandum of understanding with the Carbon Valley Park and Recreation District to continue to host senior lunches in conjunction with the county's Area Agency on Aging Senior Nutrition Program (SNP). The lunches are held at the Carbon Valley Recreation Center (CVRC) located at 701 5<sup>th</sup> Street in Frederick every Tuesday and Thursday at 12:00 p.m. Although the lunches are free to those whole are eligible, a small donation is encouraged and reservations are required within 24-hours of the meal.

The Weld County Area Agency on Aging strives to help older adults remain safely in their homes and communities. One way this is accomplished is by providing nutritious meals, which is why the SNP hosts healthy noon-time lunches for seniors at twenty-one different sites throughout Weld County. The SNP aims to serve individuals who are at least 60 years of age or spouses of a person at least 60 years of age. The SNP also welcomes individuals under the age of 60 who are currently residing in a subsidized housing complex that offers a meal site on location. Guests are always invited to attend the lunch but are required to pay a guest fee, which is posted at the meal site.

"The Senior Nutrition Program is an important program to many Weld County residents," said Commissioner Chair Barbara Kirkmeyer. "Not only does the program provide a healthy meal but also social and educational opportunities, which can sometimes be lacking in a senior's life."

Through this agreement, the SNP conducts random inspections of the meal site to ensure health and safety policies and procedures are being followed. The CVRC provides the space and equipment, facility oversight and maintenance and follow the rules, regulations and procedures of the program as well as the Colorado Department of Human Services Code of Regulations.

"The Board and the Department of Human Services are very happy to have a location to serve senior lunches in the tri-town area," said Commissioner Julie Cozad, Coordinator for the Department of Human Services. "We found there was a need to supply these lunches, and since the start of the program there has been a great turn out each week."

For more information about the Weld County Senior Nutrition Program, visit the Department of Human Services web page at [www.weldgov.com](http://www.weldgov.com) and click on the Area Agency on Aging (AAA) tab, or call 970-346-6950 ext. 6132.

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