



OFFICE OF THE BOARD OF COMMISSIONERS

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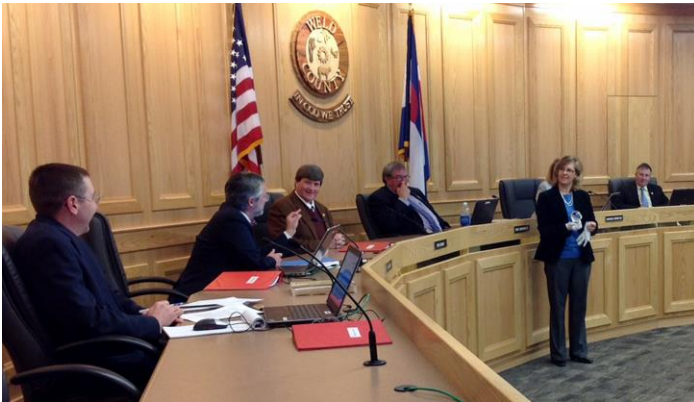
NEWS RELEASE

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STACI DATTERI-FREY HONORED AS WELLNESS COORDINATOR OF THE YEAR

WELD COUNTY, CO – During last Wednesday's meeting, the Board of Weld County Commissioners recognized Staci Datteri-Frey, Weld County Employee Health and Productivity Specialist, with the 2014 Wellness Coordinator of The Year award from WellSteps Inc., a national organization that focuses on employee wellness solutions.



Commissioner William Garcia congratulates Weld County Employee Health and Productivity Specialist Staci Datteri-Frey on her award. Datteri-Frey was named the 2014 Wellness Coordinator of the Year from WellSteps Inc..

To be selected for the award, Datteri-Frey had to successfully complete a list of criteria from WellSteps Inc. including implementing wellness campaigns for county employees.

"Staci has dedicated herself to the betterment of others and has worked hard to make a positive impact on our county. She not only made Weld County Government a healthier place to work but also made us a healthier work force," said Commissioner Barbara Kirkmeyer. Datteri-Frey plans seminars for county employees as well as manages fitness programs such as weekly lunch-hour yoga classes and the annual Weld County Commissioners 5k. She also connects employees with similar fitness goals and interests.

Datteri-Frey's wellness programs have helped reduce costs related to common risk factors for employees such as diabetes, high cholesterol, hypertension and illness such as the flu. For example, based on Weld County's average of 1,500 employees, county government could expect to pay \$90,919 in medical care costs and \$417,936 in lost productivity for employees sickened by the flu. However, since Datteri-Frey dedicated 10% of her budget toward providing flu shots for employees, the county only paid \$24,880 for flu related illnesses in 2013; a savings of \$483,975. Due to the success of the wellness program, Weld County has seen a positive return on investment of \$2.27 for every \$1 spent based on a reduction of missed time from work and reduced medical costs.

"Staci has implemented innovative programs for our staff and has really encouraged and challenged us to look at the big picture and to lead healthier lives," said Commissioner Sean Conway.

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