



OFFICE OF THE BOARD OF COMMISSIONERS

Phone: 970-336-7204 Fax: 970-352-0242
1150 O St., P.O. Box 758, Greeley, CO 80632

NEWS RELEASE

Date: 07/21/14

Contact: Jennifer Finch, 970-336-7203

Re: Weld Wellness Programs

WELD COUNTY WELLNESS PROGRAM RECOGNIZED FOR EXCELLENCE

WELD COUNTY, CO – Weld County's Safety and Wellness Program was recognized as one of the top three in its network by Cigna Health at the 2014 Cigna Forum at the Ritz-Carlton in Denver on Thursday.

Weld County Employee Health and Productivity Specialist Staci Datteri-Frey and Benefits Manager Jewel Vaughn attended the event on behalf of the county.



Weld County Benefits Manager Jewel Vaughn and Weld County Employee Health and Productivity Specialist Staci Datteri-Frey at the 2014 Cigna Forum.

The Cigna Health Well-Being Awards were launched in 2013 in limited East Coast markets; 2014 marked the inaugural year for the market Weld County is in. Cigna received 30 applications for the award, of which Weld County was named as one of the top three finalists in the largest of three categories.

The first category included companies with 250 employees and under; the second category included companies with 250 employees to 500 employees and the third category that Weld County was in included companies with 500+ employees. Companies were evaluated on metrics ranging from workplace environment policies to executive support levels.

The Weld County Safety & Wellness Program includes wellness incentives for employees who receive annual screenings and a physical, as well as participate in various classes or activities/events offered during the year. Participants are able to choose what best meets their needs and interests. Highlights include the annual Commissioners Cup 5k; the use of an employee medical clinic; CPR/AED Trainings and other safety topics; couch to 5k training and wellness on the move events such as family bike rides.

By participating in the Wellness Program, Weld County employees receive support and resources to live healthier lives, ultimately saving money in health insurance costs.

"Congratulations to Staci and the other HR staff members who have put in the hard work to ensure the wellness program's success over the past few years," said Commissioner Chairman Douglas Rademacher. "Also, congratulations to all the employees who have participated in the program and have helped keep our healthcare costs low."

"It's an honor to be considered one of the top three wellness plans in the Cigna network," said Datteri-Frey. "We try to be leaders in innovation when it comes to our wellness programs. There's still work to be done, but I'm proud of what we've accomplished."

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