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PRESS RELEASE

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HEALTHY WELD 2020 GRANT HELPS PLATTEVILLE ACHIEVE GOAL OF COMMUNITY FITNESS ROOM



Above: Healthy Weld 2020 Coordinator Andrew Glendenning shows a Platteville community member how to use one of the two new treadmills available for community use at the Platteville Fitness Room.

Right: Weld County Commissioner Sean Conway tries out the new recumbent bike at the fitness room.



WELD COUNTY, CO – Weld County Commissioner Sean Conway joined Platteville Mayor Bonnie Dunston, Town Manager Troy Renken, Weld County School District RE-1 Superintendent Jo Barbie, South Valley Middle School Principal Jeff Angus and several community members Monday, January 28, 2013, for the official opening of the Platteville Fitness Room.

The fitness room, located in the South Valley Middle School, 1004 Main St., in Platteville, was the result of area entities combining resources to meet a need in the community. The school district and the town agreed to provide space and supervision for the fitness room which is open to the community three days a week. A \$5,000 grant from the Healthy Weld 2020 program enabled the two entities to purchase treadmills, elliptical cycles and recumbent bikes for the fitness room.

“It is great to see the town and the school district partner in this project,” said Weld County Commissioner Sean Conway. “And the grant from the Healthy Weld 2020 program allowed for the purchase of exercise equipment that will make this fitness room a tremendous asset for the community of Platteville.”

Healthy Weld 2020 is a grant-funded program that takes the leading role of obesity prevention in Weld County by creating healthy environments where residents live, work, learn and play. To learn more about the program, which is administered by the Weld County Department of Public Health and Environment, please visit www.healthyweld2020.com.

The fitness room, which is open to anyone 16 years of age or older for \$1.00, will operate three days a week: Monday, Wednesday and Friday mornings from 5:00 a.m. to 7:00 a.m. and Monday and Wednesday evenings from 4:00 p.m. and 7:00 p.m.

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